



\$17.00++

## *Second Saturday Flights* inspired by our TLC team **GRADUATES!**

Select 3 drinks you'd like to enjoy on your flight. Each drink in this month's flight's are inspired by our TLC team graduates favorites Espressions drinks as well as some of our favorite books to gift grads! Each flight is served with a graduation cap cookie! Flights are only served in house. Enjoy!

\_\_\_**Grace Howland: Iced Summer Companion Black Tea.** Grace graduates from Aurora High school. Next year she heads to Wayne State College majoring in psychology!

\_\_\_**Oh The Places You'll Go :** An iced matcha latte with peach and cantaloupe syrups topped with whip cream and raspberry drizzle.

\_\_\_**Navigate Your Stars:** Blue lotus base with cherry syrup with seltzer and ice and a little sparkle!

\_\_\_**The Defining Decade:** A pistachio vanilla latte made with steamed milk, espresso, and topped with foam.

\_\_\_**Atomic Habits:** Iced cold brew with vanilla and a splash of cream.

\_\_\_**Melinda Montoya: An iced Earl Gray Latte with vanilla and lavender topped with matcha cold foam. We love to call it the "Melinda Fog".** Melinda graduates from Hastings College and will be heading to Missouri State University to pursue her masters degree.

\_\_\_**Make Your Bed:** a mocha made with steamed milk, mocha, espresso and toffee nut syrup and topped with whipped cream.

\_\_\_**Mindset-**Our daily brew with a shot of espresso.

\_\_\_**Dear Intern:** A charged lemonade with cantaloupe and cherry.

\_\_\_**Get a Financial Life:** Iced tea.

We encourage to flip over your menu to learn a little more about these books!

**All of our Second Saturday Flights this year are inspired by authors or novels or stories! We've dedicated 2025 to reading! Check out our Worldwide Reading Challenge at [www.TLCEspressions.org](http://www.TLCEspressions.org) or scan this QR code -->**



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## *Second Saturday Flights*

inspired by our TLC team

### GRADUATES!

#### **Oh The Places You'll G by Dr. Seuss**

This lovely book isn't just a book, it's a celebration of life's rollercoaster, a symphony of laughter, and a profound reminder that the journey itself is the greatest adventure of all.

#### **Navigate Your Stars by Jesmyn Ward & Gina Triplett**

A revelatory, uplifting and gorgeously illustrated meditation on dedication, hard work, and the power of perseverance.

#### **The Defining Decade: Why Your Twenties Matter and How to Make the Most of Them Now by Meg Jay**

Drawing from almost two decades of work with hundreds of clients and students, this book weaves the latest science of the twentysomethings years with the behind-closed-doors stories from twentysomethings, themselves.

#### **Atomic Habits by James Clear**

This book is the most comprehensive and practical guide on how to create good habits, break bad ones, and get 1 percent better everyday

#### **Make Your Bed: Little Things Can Change Your Life by Willam H McRaven**

If you want to change the world, start off by making your bed! This book is filled with practical and basic lessons full of wisdom.

#### **Mindset: The New Psychology of Success by Carol S. Dweck, Ph.D.**

Dweck expands the mindset concept beyond the individual, applying it to the cultures of groups and organizations. With the right mindset, you can motivate those you lead, teach, and love to transform their lives and your own.

#### **Dear Intern: Workplace Blunders, Mishaps, and Major Disasters from Professionals Who Have Seen (and Done) It All by Mara Nelson-Greenberg**

Everyone makes mistakes-especially in their first job. Cringe and commiserate with the everyday missteps and epic workplace screwups in this collection of self-confessed blunders from disaster-prone-yet-good-intentioned interns find their footing.

#### **Get a Financial Life: Personal Finance in Your Twenties & Thirties by Beth Kobliner**

For those just starting out how to decrease their debt, avoid common money mistakes, and navigate the world of personal finance.