

Disciplines 4 Leadership Communities Weekend Getaway Packing List

Here are what attendees need to bring:

- 1. Sleeping bag & pillow
- 2. Towel
- 3. Toiletries, deodorant, and shower shoes
- 4. Swim trunks or swimsuits
- 5. Comfortable clothes to be active in for recreation
- 6. Sunscreen (weather dependent)
- 7. Bug spray (weather dependent)
- 8. Medicine (if they have some they have to take while they with us. It will be turned in at
- check in. D4LC staff will make sure it is given out.)
- 9. We will have the concessions stand open during the conferences. Everything is between
- \$1 and \$6. With that said, we have lots of food included with the conference.
- 10.A positive attitude and an open heart, ready to have fun.

Optional but not required:

- 1. Fishing gear
- 2. Hat or sunglasses for being outside
- 3. Water bottle

Students will be encouraged to silent or shut off any devices during all D4LC sessions and meals. They will be able to check them between sessions and at night. Our intention is that they will spend time connecting with attendees during their time with us.

There will be time to swim, fish, play sports-inside & outside, paddle boat and we will also have a bonfire complete with s'mores. If it is too hot or raining, we'll have a movie night instead.

Should there be an emergency and you need to reach D4LC Staff, please call The Leadership Center's office at 402-694-3934 or our Executive Director's cell phone 320-420-6424. Her name is Maile.